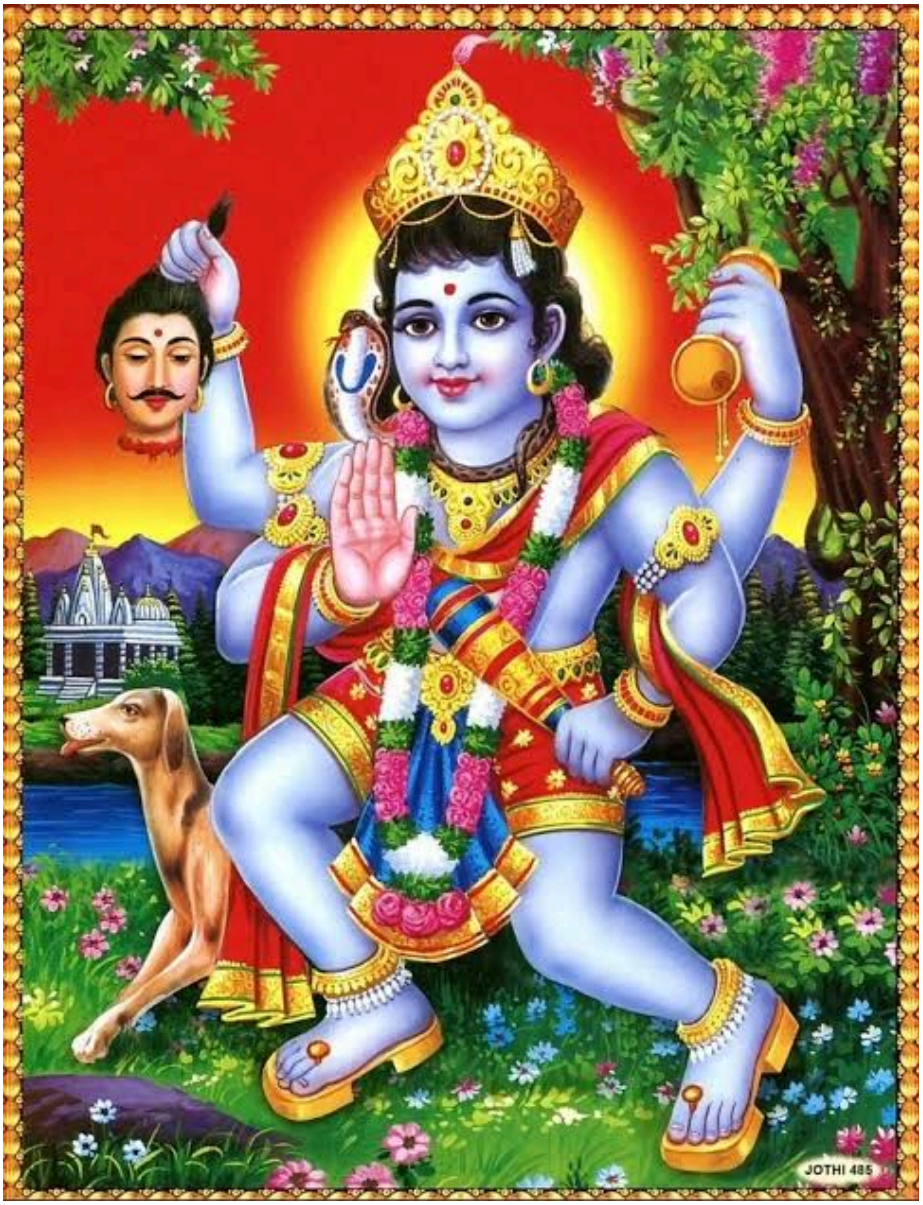
Tejas Karm
Independent Researcher & Author
karmtejas@gmail.com

Batuk Bhairava Sādhana

A Comprehensive Guide to Siddhi Attainment



Introduction

Lord Batuk Bhairava is the youthful and compassionate manifestation of Lord Bhairava, a powerful form of Lord Shiva. He is revered as the protector of devotees, remover of obstacles, and bestower of courage, wisdom, and Divine Grace.

The worship of Lord Batuk Bhairava is traditionally associated with protection, removal of difficulties, success in righteous efforts, and spiritual strength.

This manual presents the traditional devotional elements associated with Lord Batuk Bhairava worship. The deeper aspects of the practice are traditionally received through Guru-Paramparā.

Om Śrī Baṭuka Bhairavāya Namah.

Traditional Benefits

According to the Bhairava tradition, devotees worship Lord Batuk Bhairava for:

- Protection from fear and difficulties.
- Removal of obstacles and hardships.
- Strength and courage during challenging situations.
- Success in righteous work.
- Peace and stability.
- Spiritual growth and Divine blessings.

Commencement of Sādhana

According to this Guru-Paramparā, the sādhana is traditionally begun on an auspicious occasion such as:

- **Saturday**
- **Amāvasyā (New Moon)**
- **Pūrṇimā (Full Moon)**

After beginning, the practice should be continued with faith for **48 days** with discipline, devotion, and respect for Guru's guidance.

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Guru Mantra

Before worship, the Guru is remembered with reverence. x **3 times**

Sanskrit

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।
गुरुः साक्षात् परब्रह्म तस्मै श्री गुरवे नमः ॥

Roman Transliteration

Gurur Brahmā Gurur Viṣṇuḥ
Gurur Devo Maheśvaraḥ /
Guruḥ Sākṣāt Parabrahma
Tasmai Śrī Gurave Namaḥ //

Meaning

"The Guru is Brahmā, the Guru is Viṣṇu, the Guru is Lord Maheśvara. The Guru is the Supreme Reality itself. I offer my salutations to that revered Guru."

Ganesha Mantra x 1 mala

Lord Ganesha is remembered as the remover of obstacles and the giver of auspicious beginnings.

Sanskrit

ॐ गं गणपतये नमः ॥

Roman Transliteration

Om Gam Gaṇapataye Namaḥ.

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Dhyāna Śloka of Lord Batuk Bhairava (Visualize)

The Dhyāna Śloka is a traditional meditation verse used to visualize the divine form of Lord Batuk Bhairava. Through this contemplation, the devotee focuses the mind upon His divine qualities of protection, courage, and compassion.

Sanskrit

ॐ करकलितकपाली कुण्डली दण्डपाणिं
तरुणतिमिरनीलं व्यालयज्ञोपवीतिनम्।
क्रतुसमयसपर्याविघ्नविच्छेदहेतुं
वन्दे बटुकनाथं सिद्धिदं साधकानाम्॥

Roman Transliteration

Om Karakalita-Kapālī Kundalī Danda-Pānim
Taruna-Timira-Nīlam Vyāla-Yajñopavītinam /
Kratu-Samaya-Saparyā-Vighna-Vicchеda-Hetum
Vande Batukanātham Siddhi dam Sādhakānām //

Meaning

"I bow to Lord Batuk Bhairava, who holds a skull and a staff, whose complexion is dark like the night sky, who wears a serpent as the sacred thread, who removes obstacles in sacred worship, and who grants success to sincere devotees."

Batuk Bhairava Mantra (7,11 or 21 malas)

Sanskrit

ॐ ह्रीं बटुकाय आपदुद्धारणाय कुरु कुरु बटुकाय ह्रीं फट्॥

Roman Transliteration

Om Hrīm Batukāya Āpadduddhāranāya Kuru Kuru Batukāya Hrīm Phat.

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Mantra Meaning

This mantra invokes Lord Batuk Bhairava as the divine protector who removes difficulties and grants strength during challenging circumstances.

Om – Invocation of the Supreme Divine Reality.
Hrīm – Sacred bīja associated with Divine Power and spiritual energy.
Batukāya – Offering to Lord Baṭuk Bhairava.
Āpadduddhāranāya – The One who rescues from difficulties and hardships.
Kuru Kuru – Invocation of divine action.
Phat – Protective bīja associated with removal of obstacles.

General Observances

A devotee should approach Lord Batuk Bhairava with:

- Purity of body and mind.
- Faith and devotion.
- Discipline and consistency.
- Respect toward Guru and tradition.
- A peaceful and focused attitude.

The worship space should be kept clean and treated with reverence.

Traditional Worship Materials

Common items associated with devotional worship include:

- Image or Murti of Lord Baṭuk Bhairava.
- Clean Āsana.
- Flowers.
- Ghee lamp.
- Incense.
- Sandalwood paste.
- Fruits or sweets.
- Clean water.
- Mālā.

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Traditional Understanding of Siddhi

In the Bhairava tradition, spiritual accomplishment (*siddhi*) is understood as the result of devotion, discipline, purity of intention, and Divine Grace.

A sincere devotee traditionally seeks:

- Removal of inner and outer obstacles.
- Fearlessness.
- Clarity of mind.
- Spiritual strength.
- Protection through Divine remembrance.
- Deeper connection with Lord Bhairava.

The highest blessing is not only external success but transformation of the devotee's character, wisdom, and devotion.

Closing Prayer

May Lord Batuk Bhairava protect all sincere devotees, remove obstacles from their path, and bless them with courage, wisdom, devotion, and spiritual progress.

Om Śrī Batuka Bhairavāya Namah.

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